

**Ratified at meeting
held 19 December
2017**

**Lancashire North
Health and Wellbeing Partnership**

MINUTES

Monday 17th October 2016
2pm - 4:00pm
Heritage Room, Moor Lane Mills Lancaster

Present:

Andy Knox	AK	Executive GP LNCCG
Jacqui Thompson	JT	Lancashire North CCG
Alison Scott	AS	Matron, UHMB
Cllr Chris Henig	CH	Lancashire County Council
Gary Tunstall	GT	Lancashire Police
(on behalf of Ian Cooper)		
Robert Skipworth	RS	Lancashire Fire & Rescue
Sophie Sweeney	SS	Placement Student with LF&R
Eleanor Garnett-Bentley	EGB	Lancashire County Council

In Attendance:

Dave Higham	DH	CEO, The Well
Dave McGloughlin	DM	Metamorphosis
Geri Byrne	GB	The Well

Minutes:

Lauren Hall		LNCCG (Admin)
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No.		Action	
1.0	<p>Welcome, Introductions and Apologies</p> <p>Andy Knox opened the meeting and asked all present to introduce themselves and share information on how they care for and support their own wellbeing.</p> <p>Apologies were received from:</p> <p>David Walker; Ian Cooper; Austin Staunton; Alex Rocke; Maria Simpkin; Cllr Pattinson; Tim Murrell</p>		
2.0	<p>Minutes Action Sheet Matters Arising</p> <p>The Minutes of the last meeting held on Monday 15th August 2016 were accepted as an accurate record of the meeting.</p> <p>The Action sheet was discussed and updated as attached.</p>		

<p>3.0</p>	<p>HWBB – Feedback</p> <p>JT advised that the Papers for the forthcoming Health & Wellbeing Board (HWBB) had not yet been circulated. JT advised the meeting that the Health & Wellbeing Partnership (HWBP) now had a seat on the HWBB</p>		
<p>4.0</p>	<p>STP – Update</p> <p>Jacqui Thompson reported that she and Andy Knox had attended the STP meeting that morning. The ‘Prevention and Population Health Plan on a Page’ document was shared with the Partnership. EGB asked those present if any suggestion could be made to the wording of priority 4 which would be more reader friendly to NHS users. EGB to take feedback to the meeting scheduled for 18th October.. JT asked who was writing the plan and taking ownership. EGB advised of further recruitment of expertise to make links with groups. AK informed EGB to make links with Yakub Patel, CVS who has links with a number of community organisations throughout Morecambe Bay. AK advised he would share the document with fellow executive GP colleagues.</p>	 Prevention & Population Health Plan	
<p>5.0</p>	<p>Boundary Change</p> <p>Jacqui Thompson informed the meeting that, as from 1st April 2017, Lancashire North and South Cumbria element of Cumbria CCG would become Morecambe Bay Clinical Commissioning Group.</p> <p>Jacqui explained that, at future meetings, discussions would need to be had to plan how we involve the wider Morecambe Bay footprint.</p>		
<p>6.0</p>	<p>Transforming Lives</p> <p>Jed Williamson was presented to the meeting by Suzanne Lodge and he gave an overview of the work he was undertaking on behalf of the Council. Members of the group were concerned that there may be duplication of meetings and agreed that we needed to review how we worked together to oversee and deliver the various projects within the district.</p>		
<p>7.0</p>	<p>Self Care Engagement</p> <p>David Higham, CEO of The Well was welcomed to the meeting and was invited to inform the meeting of the work being undertaken in Lancaster and the wider Morecambe Bay footprint by The Well in supporting people with backgrounds in substance misuse, offending and their families. This project of work includes drop in services,</p>		

family time, supported housing and mentoring with a clear link to a feeling of belonging and that being part of a community can help in abstaining from further criminal activity and other addictive behaviours.

<http://thewellcommunities.co.uk>

Dave McGloughlin of Metamorphis gave a presentation of the project in respect of film nights for people abstaining from substance misuse their family, friends and other members of the wider community working in liaison with local libraries through links with Julie Bell.

He advised that people attended from age 4-86.

<https://opencinemalancashire.btck.co.uk>

Discussion was held with regards the open cinema project linking with the Festivals supported by Lancaster City Council. Suzanne Lodge suggested that contacts be made with SAG who take the lead on the Festival Events with the support of LCC. It was highlighted by David Higham that they had a catering trailer to encourage independence. Again due to H&S and Licence, they would need to consult with the Committee of the Festival Events.

Andy Knox then gave an update of some of the current wellbeing projects being led by the Lancashire North CCG working on the premise that, if this Bay was the healthiest place to live, what would it be like. These projects include Run a Mile which has become popular across Morecambe Bay with a number of other schools taking up as part of school life. He reported that research work with Lancaster University was underway to provide data in respect of outcome of the health of pupils and staff, energy levels and concentration and performance within school. He advised that schools in Scotland have run every day as part of school life for some time. The Healthy Eating project is undertaking work with Hospital chefs to provide menus and support/classes using school facilities for pupils and their families. Discussions were being had with Tesco, Asda, Co-Op & Sainsbury's and further updates would be provided. AK advised that the mental health café has gone from strength to strength and attendance growing each week.

AK advised the group that Red Rose Recovery that works with addiction was working well and steps were now being taken for clients to be met within GP surgeries rather than in hospital which would help with the out of hospital agenda. Discussions about referral from services away from hospital are ongoing.

Alison Scott then gave an update on Palliative Care which led to widespread discussion about the need to accommodate discussion in respect of death with family and friends. It was agreed that these discussions should be encouraged to be had early rather than wait until imminent death. Discussion was held with regards a video in a similar ilk to those that cover common illnesses that Dr Knox has produced.

<p>8.0</p>	<p>Any Other Business</p> <p>Affordable Warmth Project</p> <p>Discussion was held in respect of the affordable warmth and Winter Services/Support. Lancaster City Council will have services available and advised that referrals would come from Health & Social Care in line with NICE Guidance. It was agreed that this information should be fed through to the ICC Care Co-ordinators. Fire & Rescue advised that they do refer to this Service.</p> <p>Cllr Henig advised of two charities that she has involvement with being The James Bond/Henry Welch Trust and the Grundy Trust. The first one is administered through Jane Glenton at Lancaster Town Hall. The Grundy Trust is administered from a Solicitors office in Lytham. These trust also include home visits and discussions around wellbeing.</p> <p>www.charitychoice.co.uk/james-bondhenry-welch-trust-145008 www.grundyeducationaltrust.org.uk</p> <p>Andy Knox ended the meeting, thanking everyone for attending.</p>		
<p>Date and Time of next meeting</p> <p>Monday 19th December 2016, 14:00 – 16:00 Hours Large Lecture Theatre Moor Lane Mills Lancaster</p> <p>Any agenda items to be sent to Jacqui Thompson at least one week before the meeting. Jacqui.Thompson@lancashirenorthccg.nhs.uk</p>			