

Minutes approved  
on 18 December  
2019



## Lancaster District Health and Wellbeing Partnership

### MINUTES

Wednesday 16<sup>th</sup> October 2019

13:00 – 16:00 Hours

Large Lecture Theatre, Moor Lane Mills, Lancaster

#### Present:

Andy Knox (Chair)	AK	Executive GP, MBCCG
Paul Blythin	PB	Active Lancashire
Craig Brown	CB	Lancashire County Council
Ian Dewar	ID	UHMBT
Suzanne Lodge	SL	Lancaster City Council
James Martin	JM	Lancashire Constabulary
Claire Niebieski	CN	MBCCG
Yak Patel	YP	CVS
Alison Scott	AS	UHMBT
Mark Wight (Secretary)	MW	MBCCG

#### Apologies:

Mark Hutton	MH	Lancashire Fire and Rescue
Cllr Caroline Jackson	CJ	Lancaster City Council
Adrian Leather	AL	Active Lancashire
Cllr Alistair Sinclair	ASc	Lancaster City Council
Debbie Thompson	DT	Lancashire County Council
Julia Westaway	JW	MBCCG
Jared Williamson	JdW	Lancashire County Council

No.		Action
1.0	<p><b>Welcome, Introductions and Apologies</b></p> <p>The Chair welcomed members and led a round of introductions. It was noted that Councillor Edwards had stepped down from his position as a County Councillor for family reasons and is, therefore, no longer a member of the Partnership. Councillor Edwards was thanked for his contribution to the work of the Partnership. It was noted that Lancashire County Council may take a few months to appoint a replacement to the Partnership.</p>	

2.0	<p><b>Minutes from meeting held 21<sup>st</sup> August 2019</b> The Minutes of the last meeting were agreed as an accurate record.</p>	
3.0	<p><b>Action Log</b> Members noted updates to the Action Log.</p>	
4.0	<p><b>Matters Arising</b></p> <ul style="list-style-type: none"> <li>➤ <b>Wellbeing Advisory Group</b> Several members queried the apparent overlap between the membership and remit of the Partnership and the newly formed Lancaster City Council Wellbeing Advisory Group. It was explained that the Wellbeing Advisory Group was a cabinet liaison group whose role was to advise the cabinet member on his portfolio and that it had no decision making or financial powers. The terms of reference are attached as an <b>Appendix</b>.</li> </ul> <p>It was noted that the Partnership was a statutory body, had a mandate to make operational decisions and had a direct reporting line to the Lancashire Health and Wellbeing Board. It was suggested that the Wellbeing Advisory Group might have a wider reach than the Partnership (e.g. broader involvement from the voluntary sector and interested members of the public) and that its discussions on community wellbeing could, where appropriate, inform discussions on health and wellbeing at the Partnership.</p> <ul style="list-style-type: none"> <li>➤ <b>Frequency of meetings and alignment with Cumbria Partnerships</b> There were also general concerns expressed about the number of meetings individuals were being asked to attend.</li> </ul> <p>It was reported that the Health and Wellbeing Partnerships in Cumbria met on a quarterly basis and that it was planned to focus on one of the wider determinants of health across the whole county at each meeting. After discussion, it was agreed that it would be helpful to align discussions with the Fora or Partnerships in Cumbria. However, there was some concern expressed about the risk to the strong relationships which have been formed within the Partnership should meetings take place on a less frequent basis.</p>	MW
5.0	<p><b>Transformation Challenge Award Project update</b></p> <ul style="list-style-type: none"> <li>➤ <b>Social Prescribing Platform</b> It was reported that there were lots of people who had an interest in the social prescribing agenda including Lancaster City Council, who had recently appointed Community Connectors, and Primary Care Networks (PCNs) who had appointed Social Prescribing Link Workers. There was a need for a social prescribing platform to connect community groups and social prescribers, to manage multi agency clients and to make referrals onto voluntary sector</li> </ul>	

	<p>organisations.</p> <p>Lancaster District CVS had evaluated IEG4 and were not convinced that it was the correct solution. It was noted that Compass was the system in use in South Cumbria. It was a very powerful tool for finding relevant services, allowed referrals to be made using the MARS interface, allowed feedback to be given to GPs and was also compatible with EMIS and STRATA. A decision needed to be made about which platform to adopt in Lancaster District (i.e. Compass or the Elemental platform used in other parts of Lancashire). It was suggested that the Compass (+MARS) platform used in South Cumbria should be adopted in Lancaster District and that a link to police systems should also be investigated given their high involvement with people with mental health problems.</p> <p>After discussion, it was agreed that a meeting about social prescribing digital solutions would be convened and that an event for social prescribers should be organised in March/April 2020.</p>	CN/MW
<p><b>6.0</b></p>	<p><b>Lancaster Health Festival</b></p> <p>It was reported that it had been agreed that the various Health Festivals around Morecambe Bay should continue as separate events, but that they should acknowledge each other. This would allow local connections to be exploited. It was felt that a Bay Health Festival could be seen as too corporate and that the local flavour to each event could be lost. It was also reported that the organising team would stay together and that plans were being made to make the Festival financially sustainable in the longer term.</p> <p>Various ideas were proposed in the Community Conversation including the provision of plots of land for community to grow food and for the creation of social hubs and community spaces. A range of issues linked to young people were also identified including antisocial behaviour, boredom, mental health, lack of cultural capital and drug misuse.</p> <p>Members suggested that it would be important to work with schools to provide support and education to young people in relation to health and risk taking behaviours including drugs (e.g. two county lines into Morecambe). There should be local campaigns to tackle drug dealing, trafficking and sexual exploitation which had been taken off the street and had gone online. Members also discussed the increase in cases related to drug and alcohol misuse during Fresher's Week, the apparent occurrences of antisocial behaviour in young people in and around certain fast food outlets, the iMatter Programme, positive parenting campaigns and the affordability of and access to play schemes. It was also noted that there were synergies with work undertaken by Active Lancashire as membership of sports clubs was a significant factor in reducing or preventing the impacts of Adverse Childhood Experiences (ACEs).</p> <p>It was also reported that community conversations were planned in various estates (e.g. Marsh, Ridge, Rylands and Skerton) using funds from the Transformation Challenge Award and that a Love Education event was being planned for July 2020.</p> <p>After discussion, it was suggested that estate managers, community</p>	SL

	<p>connectors and the new Children and Young People Engagement Officer should work together to address some of the issues raised and to develop appropriate training, support and resources to support young people in Lancaster and Morecambe.</p> <p>It was also suggested that external funding should be sought to establish a fully inclusive Youth Truth Commission.</p>	TBC
7.0	<p><b>Morecambe Bay Health Needs Assessment</b></p> <p>Members noted the draft Morecambe Bay Health Needs Assessment and were encouraged to read the document and absorb its detailed messages at their leisure after the meeting. It had been developed using data from Fingertips, provided by Public Health England, and a range of other data sources and aimed to provide key insights into health issues, deprivation, morbidity, mortality and premature mortality across the Bay.</p> <p>The following topics and issues were highlighted with a focus on North Lancashire:</p> <ul style="list-style-type: none"> <li>• Ethnicity;</li> <li>• Deprivation;</li> <li>• Mortality (i.e. 20 year life expectancy gap);</li> <li>• Prevalence of long term conditions;</li> <li>• Falling premature deaths, although still above national average (e.g. cancer in Morecambe, heart disease in Lancaster and respiratory disease in both Lancaster and Morecambe);</li> <li>• Increase in smoking (i.e. increase in asthma and COPD and impact on neonatal mortality and childhood illness);</li> <li>• Childhood and adult obesity higher than national average;</li> <li>• Hospitals stays for alcohol in under 18 year old patients;</li> <li>• Hospitals stays for self-harm above national average;</li> <li>• Treatment times for cancer; and</li> <li>• Suicide risk in 18-45 year old males.</li> </ul> <p>There needed to be a holistic population health approach to address some of these highlighted issues (e.g. heart disease and respiratory disease can be linked to smoking, air pollution and poor housing).</p> <p>Members commented that the reason for the increase in smoking and related problems (e.g. hypertension, COPD) since 2016 (especially in Lancaster) was unclear. It could be linked to multiple factors including the loss of smoking cessation services, an increase in vaping and changes in social attitudes towards smoking.</p> <p>It was also noted that the health outcomes for the Gypsy Romany Traveller (GRT) community were significantly worse than rest of population for a range of cultural and genetic reasons. This group was hard to target and was probably not fully recorded in the data given the number of formal and informal traveller sites in the Lancaster District. More engagement with and understanding of this groups health concerns was required.</p>	

<p><b>8.0</b></p>	<p><b>Any Other Business</b></p> <ul style="list-style-type: none"> <li>➤ <b>Drug and Alcohol Pathways</b> It was reported that a workshop on Alcohol and Drug pathways would be held at Sedbergh Medical centre on 6 November 2019.</li> <li>➤ <b>Compassionate Inverclyde</b> It was reported that links were being established with Compassionate Inverclyde. This was a voluntary group which aimed to: <ul style="list-style-type: none"> <li>• to raise awareness about death, dying loss and care;</li> <li>• to enlist communities in caring for their own family, friends, neighbours and strangers at the end of life at home or in hospital;</li> <li>• to improve personal wellbeing of individuals living in Inverclyde which can be transferable across any setting; and</li> <li>• to promote compassionate policies in local businesses.</li> </ul> </li> </ul> <p>It was suggested that Compassionate Inverclyde could be invited to give a presentation to the partnership about its work in Scotland.</p>	<p>AK/MW</p>
	<p><b><i>The next meeting is scheduled to be held on Wednesday 18<sup>th</sup> December 2019 in the Large Lecture Theatre at Moor Lane Mills, Moor Lane, Lancaster.</i></b></p>	