

Update to the Lancashire and South Cumbria Flash Glucose Monitoring Policy

The Commissioning Policy Development and Implementation Group have updated [the Lancashire and South Cumbria Flash Glucose Monitoring policy](#) in response to the publication of NHS England arrangements for the supply of Flash Glucose Monitoring.

The Lancashire and South Cumbria Medicines Management Group have now reviewed the colour classification based on the new criteria and have recommended a reclassification of the Flash Glucose Monitoring devices across Lancashire and South Cumbria.

Flash Glucose Monitors are now **Amber 0**

This prescribing tip has been developed to support primary care prescribers initiate these devices.

1. Which clinicians can initiate patients on to a Flash Glucose Monitoring device?

Flash glucose monitoring must be initiated by specialist clinicians including:

- Diabetologists or endocrinologists,
- Paediatricians with a special interest in diabetes,
- GPs with a special interest in Diabetes,
- Diabetes Specialist Nurses.

For patients who do not routinely attend appointments with specialist clinicians, Flash Glucose Monitoring devices may be supplied by the clinician that has primary responsibility for the wider care and management of the patient's diabetes.

2. What training is necessary for these clinicians to initiate patients on Flash Glucose Monitoring?

To support the provision of FreeStyle Libre®, online learning modules are available from the product manufacturer requiring approximately 1 hour to complete (available at: <https://progress.freestylediabetes.co.uk/sign-in>).

There are also online webinars available to support understanding of ambulatory glucose profiles and reports.

For clinicians wishing to receive face to face training, the product manufacturers also offer group training sessions.

It is for individual clinicians to judge whether they have sufficient and up to date professional knowledge and skills to protect and promote the health of their patients when offering Flash Glucose Monitoring.

3. What training are patients expected to undertake prior to commencement of Flash Glucose Monitoring?

Before receiving a Flash Glucose Monitoring device, patients require training relating to the use of the device and how to interpret data from the system.

Training for patients is available either as online tutorials (available at <https://www.freestylelibre.co.uk/libre/help/tutorials.html>) or in person via the product manufacturer. Details of this can be found on the manufacturers website at: <https://progress.freestylediabetes.co.uk/>.

4. How should clinicians reviewing patients using Flash Glucose Monitoring decide whether it is appropriate for the patient to continue using the device?

For full details clinicians should consult section 1.3.3 of updated [the Lancashire and South Cumbria Flash Glucose Monitoring policy](#).

In summary, patients should only continue to use Flash Glucose Monitoring if they demonstrate: correct and regular device use, experience documented improvements in their quality of life and achieve at least one other target measure of clinical effectiveness as defined by the policy.