

Macmillan Living With and Beyond Cancer in Morecambe Bay Involving People Affected by Cancer

1. INTRODUCTION

Morecambe Bay Clinical Commissioning Group, Macmillan Cancer Support, other NHS and voluntary sector organisations across Morecambe Bay are working together to improve the experiences of people and their carers preparing for life after cancer treatment.

This is the Macmillan project Living With and Beyond Cancer 2016 - 19

The project draws on the insights, experiences and ideas from people affected by cancer to learn what matters most to them.

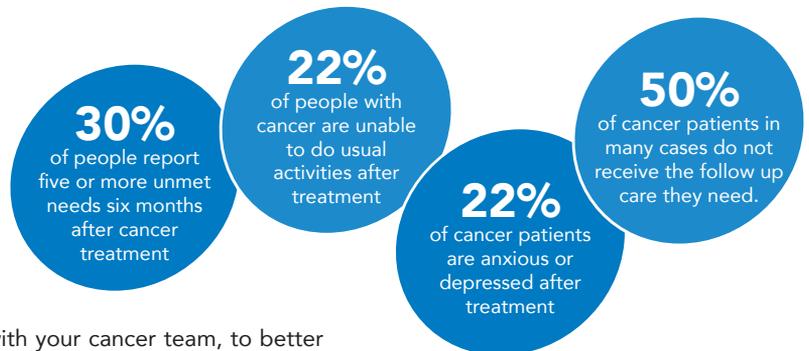
2. THE CHANGING STORY OF CANCER

The story of cancer is changing. As the number of people living with and beyond cancer continues to increase, we need a greater focus on recovery.

The Cancer Recovery Package is a practical guide made up of four options. It supports people helping them to prepare for the end of treatment.

- Holistic Needs Assessment and Care Planning
- Treatment Summary
- Health and Wellbeing Event
- Cancer Care Review

The Cancer Recovery Package enables you, in discussion with your cancer team, to better understand about what to expect after treatment finishes.



3. INVOLVING PEOPLE AFFECTED BY CANCER

A flexible 'menu' of involvement opportunities are on offer to people affected by cancer, including carers. An opportunity that best suits one person may not work for others.

The approach adapts to different interests so that support, when needed, can be tailored to enable people to be involved in a way that works for them.

The aim is to ensure people affected by cancer have a voice in the services people need now and in the future.



Participating in a Staff Interview Panel



Task & Finish Specific Advisory Groups



Share and Learn Conversations



Reviewing Health Information



Representing people affected by cancer



Living With & Beyond Cancer Hub

4. SHARING AND LEARNING

Following our share and learn conversations, people affected by cancer said:

- They feel more willing to get involved and to use their voice to influence the development of services
- They feel more able to share their experiences with others
- They feel that it is possible to have some control over their own care
- "I think it is evident that there are things that can be done, albeit small things, that can help achieve a better journey for everyone."
- "It was great to meet so many inspiring people. I would love to get involved with anything else you think I might be able to add value."
- "Great to connect."

5. WHAT IS HAPPENING NOW

We believe in the active involvement of people affected by cancer and the value of their contribution to create positive change in the development of cancer services.

- The voices of people affected by cancer within the local cancer services framework are being heard
- A plan of priorities for the Living With and Beyond Cancer Hub is developing
- Follow up care is changing
- Training how cancer teams and patients share conversations to make meaningful decisions about care and treatment options is taking place
- The project completes August 2019.

**When the time is right for you, there is something you can do to help
Macmillan Living With and Beyond Cancer in Morecambe Bay**

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